# **ABOUT US**

Honor the Air Program is a smoke-free home education program created by and for Native peoples. Honor the Air is part of the Tribal Youth Ambassadors for Tobacco Control Project (TYA4TC) of the California Indian Museum and Cultural Center. The Project works to reduce Native Peoples' contact with secondhand smoke (SHS) and thirdhand smoke (THS) from commercial tobacco and marijuana.



## **CONTACT US**



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https://cimcc.org/tpp/



## HONOR **THE AIR**

**A NATIVE SMOKE-FREE EDUCATION PROGRAM** 

https://cimcc.org/tpp/

# **OUR PROGRAM**

Congratulations on taking your first step toward creating a smoke-free home for you and your family and using your strengths to cultivate change!



### CULTURALLY SUSTAINING

Educational materials, tools, and resources are culturally sustaining and grounded in cultural values, principles, and teachings.



### COMMUNITY-BASED

The process that draws upon the values and strengths already present in your life to develop and achieve an action plan to become smoke-free.



#### STRENGTHS-BASED

Our strengths include the sacred, ceremonial, and everyday use of traditional knowledge, medicines, and practices.

### WELLNESS-ORIENTED

Knowledge, tools, and resources to revitalize healthy cultural pathways to resilience and wellness.





Gain knowledge, tools, and resources to revitalize healthy cultural practices and achieve a smoke-free home.



Use your strengths and values to develop and achieve an action plan to become smoke-free.



Use traditional tobacco and medicines to return to Native ways of learning and celebrating life.



Offers pathways to wellness to support you and your family's wellbeing.



# WHAT WE DO

Native Peoples have many strengths to address SHS and THS, including rich knowledge about our places, relationships with plant relatives, and long-time practices contributing to our health. Our strengths offer us pathways to wellness. In Honor the Air, TYA4TC Tobacco Education Champions will provide you and your family with smoke-free home education support to help you draw upon the values and strengths already present in your life to develop and achieve an action plan to become smoke-free.