TALKING TO YOUR KIDS ABOUT COVID-19

Here are some things you can say to start a conversation with your children about COVID-19.



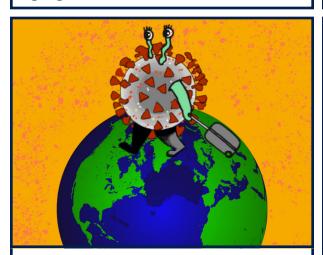
What have you heard about a new sickness that is going around?



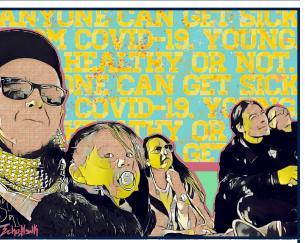
It's ok if you were feeling scared or upset about what you heard.



I will answer any question you have.



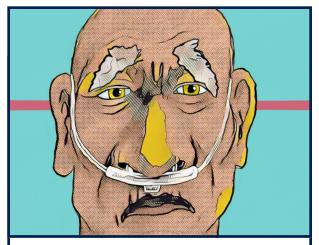
Coronavirus is a new virus that causes a disease called COVID-19.



Anyone can get sick from this no matter where they are from.



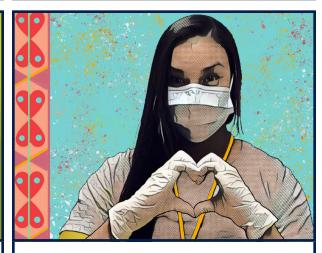
Most people who have gotten COVID-19 have not gotten very sick.



Elders and people who already have health issues are more likely to get sicker.



Adults, like doctors and teachers, are working very hard to keep everyone safe and healthy.



You can tell me how you are feeling anytime.



Like our ancestors did, we will take care of each other.



I love you.

We've created even more!

For more information on how to start a conversation about COVID-19 with your young ones, visit uihi.org/covid to download our factsheet *Talking with Children About Coronavirus* and more!

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