

Community Food Resource Guide Mendocino County

Food for All Food Stamp Program (707) 463-5437 <u>https://www.facebook.com/pg/foodforallmendocino/about/?ref=page_internal</u>

Type of Aid:

"Food For All Mendocino is a local coalition that works in close partnership with community organizations to increase food stamp enrollment and access to food resources in Mendocino County."

Eligibility:

"CalFresh is for low-income people who meet federal income eligibility rules and want to add to their budget to put healthy and nutritious food on the table."

FORT BRAGG:

Fort Bragg Food Bank | Mendocino Food and Nutrition Program Inc.

910 N Franklin St, Fort Bragg CA, 95437 (707)964-9404 | (707) 964-9409 fortbraggfoodbank@mcn.org http://www.fortbraggfoodbank.org/home/index

Type of Aid:

"Once a week, clients may pick up a bag of staple foods and choose from a variety of fresh produce, bakery items, and limited quantities of meat, eggs and dairy. Once a month eligible seniors and families with children under age 6 may also receive a box of staple foods through the Commodities Supplemental Food Program (CSFP).

In addition, we distribute USDA commodities monthly to food pantries, food distribution sites, soup kitchens, and homeless service agencies throughout the entire county. We provide over a million pounds of food each year to clients countywide."

Days/Hours:

"MONDAY, WEDNESDAY, FRIDAY Seniors (60+) 10:45 - 11:15 General (All Ages) 12:00 - 3:00 Clients who are unable to get to the Food Bank by 3 pm may pick up a pre-made bag of food on Wednesdays from 4:30 to 5:30."

Eligibility:

"We serve low-income coastal Mendocino County residents from Elk to Westport, including the towns of Mendocino and Fort Bragg."

GUALALA:

Gualala Food Bank Program 39141 Church Street Gualala, CA 95445 707-785-3492/707-785-3311 <u>Imkennedy294@gmail.com</u> https://ednca.episcopalassetmap.org/ch/gualala-food-bank-program

Type of Aid:

"Gualala Food Bank - twice-monthly food distributions"

Days/Hours/Eligibility:

Please call for questions on eligibility.

UKIAH: *Plowshares* 1346 S State St, Ukiah, CA 95482 (707)462-8582 <u>plowshares@pacific.net</u> http://plowsharesfeeds.fatcow.com

Type of Aid:

"Plowshares is a nonprofit organization that has been providing free hot meals and other services to the hungry and homeless since 1983 in Ukiah, California."

Days/Hours:

"Free hot lunch served Monday-Friday. 11:30 – noon – Early seating for families with children and seniors 65+. Open to all. Free hot dinner served Monday-Friday.

5:30 pm – 6:00 pm Early seating for families with children and seniors 65+. Open to all.

Meals on Wheels provides hot nutritious meals to home bound seniors in the Ukiah area."

Eligibility:

"Plowshares Community Dining Room serves a free hot meal every weekday for lunch and dinner, open to all, with no questions asked."

Ukiah Community Center/Food Bank

888 North State St. Ukiah, CA 95482 (707)463-2409 http://fordstreet.org/community-food-bank/

Type of Aid:

"Provides weekly and emergency food distributions, distributes monthly commodities through the USDA, and Holiday Food Baskets."

Days/Hours:

"Sunday & Monday closed Tuesday – Emergency Food, 3:00PM to 4:00PM Wednesday – General Distribution, 11:00AM to 6:00PM (On Wednesdays our patrons may arrive on the property to collect a line number beginning at 10:30AM. These numbers will be given out on a first come first serve basis.) Thursday – Emergency Food, 3:00PM to 4:00PM Friday – Senior (60+) and Physically Disabled Distribution 9:00AM to 12:00PM Emergency Food, 3:00PM to 4:00PM Saturday – Emergency Food, 2:00PM to 4:00PM"

Eligibility:

"In order to qualify for services you must live in service area which included the area from 101 Hopland to Potter Valley/Redwood Valley. In order to qualify for the monthly commads you must meet the HUD low income guidelines."

WILLITS:

Willits Food Bank 229 E San Francisco Ave Willits, California (707) 459-3333 willitscs@gmail.com https://www.facebook.com/pg/Willits-Community-Services-and-Food-Bank-239292346098910/about/?ref=page_internal

Type of Aid:

"Food, emergency shelter, and other community resources (temporary assistance services: utility assistance, transportation assistance, blankets, sleeping bags, personal items, baby items, winter jackets, legal services faxing, referrals, and other miscellanious services.)"

Days/Hours:

"General Office and Community Service Hours Tuesday, Wednesday, Friday 12-5 PM Food distribution hours: Wednesday and Friday 1-4:30PM"

Eligibility:

Please call if you have questions regarding eligibility.

Willits Daily Bread

Episcopal Church on the corner of Main and Commercial 707-459-3947 https://www.facebook.com/Willits.Daily.Bread/

Type of Aid:

"Willits Daily Bread serves four (4) evening meals each week to hungry people."

Days/Hours:

Monday-Thursday

Eligibility:

"Evening meals each week to hungry people....open year-round and serve primarily people who are struggling."

Sherwood Valley Food Program

1220 Blosser Lane Willits, CA 95490(707) 456-1710http://www.sherwoodvalleybandofpomo.com/usda-food-distribution-program.html

Type of Aid:

"This program provides foods for good health to households living on or near Indian reservations in approved FDPIR service areas. You may qualify to receive these foods if you have little or no earnings or live on a fixed income such as social security, cash aid from social services, or TANF."

Days/Hours:

Monthly Tailgate Delivery

Eligibility:

Please drop by or call to check in about meeting eligibility requirements

Farmers Markets

Boonville Farmers Market

Boonville Hotel 14040 Hwy 128 Boonville, CA 95415 253-273-3342 <u>abontecou@gmail.com</u> <u>http://www.mcfarm.org/boonville.html</u>

Description:

"The Boonville Farmer's Market reflects the diversity of the Anderson Valley, which is considerably more than the apples and wine grapes for which it is known. Our farmers grow a wide variety of vegetables, fruits and flowers, which are complemented by our local olive oil, jams, juices, baked delights and unique crafts, Our offerings are supplemented by our neighbors from the Coast who bring us their coastal produce, fresh fish, goat cheese, goat meat and pork.

Each Saturday morning has it's own theme. Locals and tourists alike are drawn to the music and small-town atmosphere of our friendly farmer's market.

We gladly accept WIC coupons and EBT/Food Stamps.

Market Match participant"

Days/Hours: Saturdays 9:30 am - 12:00 pm, May – October

Fort Bragg Certified Farmers Market

400 N Franklin St. Fort Bragg, CA 95437 707-962-0297 <u>forestlove@lanset.com</u> <u>http://www.mcfarm.org/fort-bragg.html</u>

Description:

"The Fort Bragg Farmer's Market is located in Downtown Fort Bragg, on the 400 block of Franklin Street between Laurel & Pine behind City Hall, indoors at the Old Recreation Center Gym. Our market features all of the seasonal fruits, berries, vegetables, melons, greens and squash you have come to expect. We also offer organic and free range beef and pork, free range eggs, and wild-caught local fish and seafood. You will find artisan goat cheese, cheesecake, freshly baked breads, pies and goodies. There are organic nuts, fresh-cut flowers, and ornamental plants and nursery starts.

If that weren't enough, look for hot food, live music with a seating area, knife sharpening and master garden booths. Meet your friends and neighbors at the Fort Bragg Farmer's Market every Wednesday. We are there with our goods rain or shine. And please remember, no smoking or pets at the market, based on Health Department regulations and in consideration of all.

Market is open rain or shine! " The Boonville Farmer's Market reflects the diversity of the Anderson Valley, which is considerably more than the apples and wine grapes for which it is

known. Our farmers grow a wide variety of vegetables, fruits and flowers, which are complemented by our local olive oil, jams, juices, baked delights and unique crafts, Our offerings are supplemented by our neighbors from the Coast who bring us their coastal produce, fresh fish, goat cheese, goat meat and pork.

Each Saturday morning has it's own theme. Locals and tourists alike are drawn to the music and small-town atmosphere of our friendly farmer's market.

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Market Match participant"

Days/Hours: Wednesdays 3:00 - 6:00pm

Laytonville Farmers Market Hardwood Hall 44400 Willis Ave. Laytonville, CA 95454 707-984-7037 glorianhy@willitsonline.com http://www.mcfarm.org/laytonville.html

Description:

"The Laytonville Farmer's Market brings you the best in local fresh fruits and vegetables, artisan goat cheeses, ranch meats, eggs, garden bouquets, handcrafted clothing and much more. Visit with friends, enjoy local musicians and take home yummy and nutritious food while supporting local farms.

Join our Community Supported Agriculture (CSA) Program and receive "Green Bucks" to spend at the market each week. Or gift a membership to a friend or family in need.

Market is open rain or shine! We gladly accept WIC coupons and EBT/Food Stamps."

Days/Hours: Mondays 2:30pm - 5:00pm

Mendocino Certified Farmers Market Howard & Main St. Mendocino, CA 95460 707-964-9232/357-1241 sakina@mcn.org http://www.mcfarm.org/mendocino.html

Description:

"Overlooking the beautiful Mendocino Bay, the Mendocino Farmer's Market is a favorite stop for locals, visitors and vendors. Our colorful small town market offers a wonderful selection of the best that Mendocino County has to offer. You will find fresh seasonal veggies and fruit, cut flowers, eggs, olive oil, honey, handmade soap, herbal salves & hydrosols, wine, fish, grass-fed beef, organic pork and lamb, goat cheese, aged vinegars, jams and mustards, nursery starts, rare salvias, Japanese maples, fresh-baked goods and much more. Listen to live acoustic music and the sound of the waves while you shop.

This lovely seaside market is a great way to kick off a getaway weekend in the historic Mendocino Village, stock up for a picnic, or do your weekly shopping.

Bring the whole family, but please note that dogs are not allowed inside the market due to Health Department regulations and out of courtesy for vendors and other guests.

Market is open rain (or fog) or shine! We gladly accept WIC coupons and EBT/Food Stamps."

Days/Hours: May – October, Fridays 12-2 pm

Redwood Valley Certified Farmers Market

Lion's Park 8920 E Rd. Redwood Valley, CA 95470 707-391-7416 <u>alfskitchen@gmail.com</u> http://www.mcfarm.org/redwood-valley.html

Description:

"The Redwood Valley Farmers Market is held in Lion's Club Park in the heart of Redwood Valley in a relaxing and refreshing outdoor venue under pine trees with a newly renovated children's playground. This vibrant marketplace features locally grown produce, flowers, gifts, and handmade arts and crafts items.

For the 2017 Season we will have the same hours, 9:00am-12:00pm every Sunday!

We gladly accept WIC coupons and EBT/Food Stamps. We double EBT dollars, for example, is you spend \$15 on your EBT you get that plus an extra \$15 in tokens to spend on fresh fruits and vegetables -- your double your money!

We are excited to welcome performances by local musicians, chef demos using ingredients from our market, and the Fabulous POP (Power of Produce) Club for kids with free market money for kids 5-12, the POP Club also offers yummy snacks and fun activities for kids of any age!"

Days/Hours: June – October, Sundays 9:00am - 12:00pm

Ukiah Farmers Market Alex Thomas Plaza School St. & Clay St. Ukiah, CA 95482 707-462-7377 cratty@comcast.net

http://www.mcfarm.org/ukiah.html

Description:

"Ukiah's local farmers created the first Certified Farmer's Market in Mendocino County in 1977. Although this Saturday morning market is the largest in the county, it has a small and personal feeling in comparison to many markets in larger cities. It's more than a shopping experience, for the community members who come regularly to taste the genuine difference with fresh produce directly from friendly local farmers who grow their foods.

The inland climate of the Ukiah area valleys provides farmers with ideal conditions for spring produce from May through June. Hot weather fruits and vegetables grow prolifically from July through October. This market also draws vendors from the nearby coastal climate to provide cool weather crops throughout the season, as well as seafood.

This market features many colorful and educational events for the whole family several times a month. Many residents come to enjoy the friendly atmosphere where talented musicians entertain weekly and customers can relax with beverages and fresh-baked pastries every Saturday morning throughout the year.

Market is open rain or shine! We gladly accept WIC coupons and EBT/Food Stamps."

Days/Hours:

Open every Saturday, Year Round -- 9:00 - Noon

Willits Certified Farmers Market (Winter)

Little Lake Grange 291 School St. Willits, CA 95490 707-485-2314 <u>salexander6248@gmail.com</u> http://www.mcfarm.org/willits.html

Description:

"Come to the festival in the park! Every Thursday, the Willits Farmers' Market is a community gathering featuring tons of produce, a wide selection of meat, cheese, eggs, honey and locally produced crafts of all sorts. Natural body products, jewelry, clothing and bags, and are some of the items on the list.

Food for a picnic or take-home dinner includes Kashaya's Brick Oven Pizza, Luna's enticing raw foods, baked goods from the Garden Bakery, Sweetie Pies' handmade pies, and toffee by Toffee Nana.

At the center of it all is live music from the Willlits Farmers' Market Band, the Dogwood Creek String Band, and a variety of visiting musicians. Join the festivities and be prepared to stay to meet and greet your neighbors and get a taste for Willits.

Market is open rain or shine! We gladly accept WIC coupons and EBT/Food Stamps."

Days/Hours:

November - April, Thursdays 3:00pm - 6:00pm

Social Services

Employment & Family Assistance Services Fort Bragg Office: 764 S. Franklin Street Fort Bragg, CA 95482 (707) 962-1000 https://www.mendocinocounty.org/government/health-and-human-services-agency/socialservices/employment-family-assistance-services

Description:

CalWORKS, TANF, CalFresh, EBT Cards, Medi-Cal, CMSP, And CalWORKs Job Services

Days/Hours:

Monday-Thursday 8am-5pm

Eligibility:

CalFresh Eligibility: https://www.c4yourself.com/c4yourself/services/startApplication?_flowId=c4yourselfflow&_flowExecutionKey=e1s1 Applying for benefits: https://www.c4yourself.com/c4yourself/index.jsp

Employment & Family Assistance Services

737 South State Street P.O. Box 8508 Ukiah, CA 95482 (707) 463-7700 https://www.mendocinocounty.org/government/health-and-human-services-agency/socialservices/employment-family-assistance-services

Description:

CalWORKS, TANF, CalFresh , EBT Cards, Medi-Cal, CMSP, And CalWORKs Job Services

Days/Hours: Monday-Thursday 8am-5pm

Eligibility:

CalFresh Eligibility: https://www.c4yourself.com/c4yourself/services/startApplication?_flowId=c4yourselfflow&_flowExecutionKey=e1s1

Applying for benefits: https://www.c4yourself.com/c4yourself/index.jsp

Employment & Family Assistance Services Willits Office: 472 E. Valley Street Willits CA 95490 (707) 456-3700 <u>https://www.mendocinocounty.org/government/health-and-human-services-agency/social-services/employment-family-assistance-services</u>

Online Resource

211 http://www.211mendocino.org

Description:

List of community resources including: food, housing/household, work and finances, specific communities, mental wellness, families/seniors, community service, and healthcare.